



Imam Reza International University
Faculty Member's CV

Azadeh Mahvelati (Ph.D.)

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Scientific information

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Education

Alzahra University of Tehran (2014-2019)

PhD in Family Counseling

The title of the thesis "Comparing the effectiveness of Gottman couple therapy with Dattilio couple therapy on sexual satisfaction and marital exhaustion and mitigating difficulties in emotional regulation of couples".

Supervisor: Dr. Mahsima Pour Shahriari and Zahra Sepehri Shamloo

Ferdowsi University of Mashhad (2012-2014)

M.A in Clinical Psychology

The title of the thesis "Comparing the effectiveness of the existential approach with three methods of individual, group and combined therapy on increasing the marital satisfaction of couples"

Supervisor: Dr. Bahram Ali Ghanbari Hashem Abadi and Zahra Sepehri Shamloo

Ferdowsi University of Mashhad (2008-2012)

B.A in Clinical Psychology

Teaching/supervising experience

Lecturer, Imam Reza International University (2020-present)

Courses taught (undergraduate):

- Divorce counseling
- Marriage counseling



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- Child counseling
- Family Counseling

Teaching assistant, Teaching assistant, Al-Zahra University, Tehran

- Guidance for bachelor's and master's theses
- Assist in program development and student assessment
- Conducting couple therapy training sessions
- Designing and presenting interactive training sessions

Publications

- Prediction of Victimization Based on Emotional Intelligence with Mediating Role of Loneliness and Empathy: A Structural Equation Modeling Approach.(2023). AA Balootbangan, A Mahvelaty, Z Zamani, F Abdpoor, S Hassanvandi .*Iranian Journal of Psychiatry and Behavioral Sciences*. 17, (2), 1. DOI: <https://doi.org/10.5812/ijpbs-123998>
- Is neurofeedback effective in children with ADHD? A systematic review and meta-analysis.(2022). E Rahmani, A Mahvelati, A Alizadeh, Y Mokhayeri, M Rahmani, H Zarabi, *Neurocase*, 28 (1), 84-95, 21. <https://doi.org/10.1080/13554794.2022.2027456>
- Comparison of Vitamin D, Neurofeedback, and Neurofeedback Combined with Vitamin D Supplementation in Children with Attention-Deficit/Hyperactivity Disorder .(2022). S Hassanvandi, A Mahvelati, I Mirr, Sh Shahyad, M Khaksarian, S Kordian, R Nooripour. *ARCHIVES OF IRANIAN MEDICINE*, 25 (5), 285-393, 8. DOI: [10.34172/aim.2022.47](https://doi.org/10.34172/aim.2022.47)
- Comparing the effectiveness of Gottman and Dattilio couples therapy methods for mitigating difficulties in emotion regulation .(2021). A Mahvelati, Z Sepehri shamloo, M Pourshahriari. *The Journal of General Psychology*, 1-23, 5.
- The relationship between problem solving styles and self-efficacy of hospital staff in Torbat Heydariyeh city.(2019). A Mahvelati, S Eshaghzadeh, M Pourshahriari. *Journal of Student Research Committee of Torbat Heydariyeh University*,1-23, 2.
- The effectiveness of mindfulness-based education on empathy and cognitive flexibility of women with veteran spouses. (2020). S Hosseinian, R Nooripour, A Mahvelati, A Akbarizadeh. *Military Psychology* 11, (42).
- Comparing the Effectiveness of Gottman Couple Therapy with Datilio Couple Therapy on Improving the Sexual Satisfaction among Couples. (2019). A Mahvelati, M Pourshahriari, Z Sepehri Shamloo. *SALAMAT IJTIMAI (Community Health)* 7 (1), 95-106.
- The effectiveness of mindfulness-based therapy in improving the general health and hope of women with veteran spouses. (2019). R Nouripour, A Mahvelati, GH Afrooz, & Tabatabai. *Police-social researches of women and family*, 13 (7), 137-152.
- Viktor Frankl's view on anthropology and comparing it with Islam's approach.(2016). A Mahvelati, M Pourshahriari, M Azerbaijani. *INTERNATIONAL JOURNAL*.
- Comparison of Three Methods of Existential Psychotherapy, Individual, Group and Combined To Increase Marital Satisfaction.(2017). A Mahvelati, MS PourShahriari, B Ghanbari Hashem. *International Journal of Indian Psychology* 4(2), DOI:[10.25215/0402.159](https://doi.org/10.25215/0402.159)



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Research skills

- Qualitative interviewing
- Analysis using SPSS 27.0
- Application of scientific theory to qualitative data

References

- **Dr Zohre Sepehri Shamloo** - Ferdowsi University, Mashhad, Iran. z.s.shamloo@um.ac.ir
- **Dr Bahramali Ghanbari Hashem Abadi**- Ferdowsi University, Mashhad, Iran. ghanbarih@um.ac.ir.
<https://orcid.org/0000-0002-1841-7264>
- **Dr Mahsima pourshahriari** - Alzahra University, Tehran, Iran, pourshahriari@alzahra.ac.ir
- **Dr Simin Hosseinian**- Alzahra University, Tehran, Iran, hosseinian@alzahra.ac.ir