



Imam Reza International University
Faculty Member's CV

Zahra Alizadeh Birjandi

Assistant Professor of Psychology, Imam Reza International University

Felestin Street, Mashhad, Iran.

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Education

Culture And Science University of Tehran (2014-2019)

PhD in Clinical Psychology

Supervisor: Dr. Masoud Janbozorgi

The Fitting and Testing the Interpersonal Psychological Model of Suicide (IPTS) in Iranian Students Regarding the Role of Religious Adherence and God Image with Designing Suicide Risk Assessment Protocol

M.A in Clinical Psychology

Ferdowsi University of Mashhad (2010-2013)

The effectiveness of the Kendall therapy program on improving the cognitive-emotional regulation Academic Achievement and decreasing Anxiety symptoms of children with anxiety disorders

Supervisor: Dr. Ali Mashhadi

Ferdowsi University of Mashhad (2004-2007)

B.A in Clinical Psychology

Teaching/supervising experience

Lecturer, Imam Reza International University (2016-present)

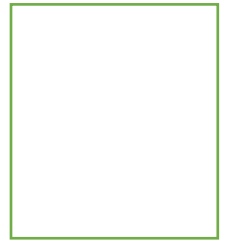
Courses taught (undergraduate):

Clinical principles

Psychopathology1 - 2

History and schools of psychology

Developmental Psychology1 - 2





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personality psychology

Theories of psychotherapy and counseling1 - 2

Lecturer, Hakim toos Institute of Higher Education (2018-2019)

Courses taught (Master`s level):

Principles of clinical interview

Lecturer, Hekmat razavi Institute of Higher Education (2019-2021)

Courses taught (undergraduate):

Clinical principles

Developmental Psychology1 - 2

Publications:

- The effectiveness of Coping Cat program on improving emotion cognitive regulation among children with anxiety disorders
Z Alizadeh Birjandi, A Mashhadi, Z Tabibi
Clinical Psychology Studies 6 (24), 153-173
- The Factor Structure, Reliability, and Validity of the Persian Version of the Suicidal Desire Scale Based on Interpersonal Suicide Theory (IPTTS) in Iranian Students
Z Alizadeh Birjandi, M Janbozorgi, SK Rasoolzadeh Tabatabaee, ...
Research in Clinical Psychology and Counseling 11 (1), 101-114
- Test of the Interpersonal Suicide Theory (IPTTS) on Iranian Students: the role of thwarted belongingness and perceived burdensomeness on Suicidal Desire and suicidal attempt
Z Alizadeh Birjandi, M Janbozorgi, SK Rasoolzadeh Tabatabaee, ...
Journal of clinical psychology (Semnan) 12 (4), 37-48

Interpersonal theory of suicide test (IPTTS) in Iranian students: the role of unfulfilled belongingness and perceived burden in creating desire and committing suicide

- Spiritual-religious components in suicide: meta-analysis of local studies
- Factorial structure and validity of the suicide attempt questionnaire: scale of acquired suicide ability based on the interpersonal theory of suicide



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- Factorial structure, reliability and validity of the Farsi version of Barkley Children's Action Vulnerability Scale - Parent Form
- The effectiveness of the Kendall therapy program in reducing anxiety symptoms and improving the academic progress of children with anxiety disorders
- Factorial structure, reliability and validity of the Persian version of the suicidal tendency scale based on the interpersonal theory of suicide (IPTS) in Iranian students
- A review of articles on pathology and family problems in Iran
- Examining the relationship between death anxiety and the spread of Corona
- Examining the relationship between examining the relationship between mental health and coping styles in students
- Examining the relationship between femininity, masculinity and the choice of academic field

Research skills

- Research methods and designs
- Statistical analysis
- SPSS
- MSRT Degree

Professional associations

- Registered Psychologist, Psychology and Counselling Organization Islamic Republic of Iran

Other qualifications

- Certificate in Cognitive behavioral therapies
- Certificate in Reality therapy
- Certificate in pre-marital counseling
- Certificate in Schema therapy
- Certificate in Personality disorder
- Certificate in Supervisory anxiety disorder



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- Certificate in Metacognitive therapy
- Certificate in Obsessive compulsive disorder supervision
- Certificate in Dimensional spiritual therapy
- **Employment**

Assistant professor, Imam Reza International University (2024-present)

Director of the Department of Psychology, Counseling and Educational Sciences, Imam Reza International University (2019-2020)

Managers of the Counseling center, Imam Reza International University (2022-present)

Director of the Department of Psychology, Hakimtoos Institute of Higher Education (2020-2023)

Psychologist, fatamezahrta Clinic, Mashhad. (2018-2021)

Psychologist, Psychological and Counseling Services Center, Ferdowsi University of Mashhad (2016-2020)

Psychologist, ravanpaguh clinic, Mashhad (2014-present)